FourC Task Chair Adjustment Guide



healthy comon and sculpted style

Easy adjustments for a healthy long-term sit

Arm Depth and Pivot (4D arms only) Adjust armpad depth by applying pressure forward or backward. Pivot the armpad by pressing black button located directly below the armpad.

Arm Height (2D and 4D arms) Position armrest so the user's shoulders are relaxed and forearms are supported. Push the black button on the outside of the arm to adjust the height – release to lock in desired position.

> Arm Width (2D and 4D arms) Loosen armrest by pulling the lever located underneath the arm upright towards the back of the chair. Push lever forward to lock in position.

Seat Height

Adjust seat height to allow user's feet to be firmly on the floor with hips parallel to or slightly above the knees. To lower, lift the right side lever while seated. To raise, lift the lever with your weight off the seat.

Lumbar Support (optional) Optional external lumber mechanism available for enhanced support. Back Height

Adjust backrest height to optimize support based on user's height. Unlock the clasps, move the backrest up or down to find the desired support. Lock the clamps in the desired position.



Back Tilt and Lock

Lock the back in an upright position by pulling the left-side lever outward. For slight recline, push the lever in partially. For full recline, push the lever in completely.

Seat Depth

Adjust seat depth to prevent pressure on the back of knees. Pull the left side lever to slide the seat forward or backward, allowing 2-3 inches between seat and knee backs.

Back Tilt Tension

Easy-to-use tilt adjustment allows users to control the amount of resistance needed to recline. Turn the front lever clockwise to increase tension; turn counter-clockwise to reduce tension.

• Arm Depth and Pivot:

- o Push arm pad forward and backward; no button needed
- o Press ridged button on side of armrest to move armrests internally and externally



Arm Pivot

Arm Depth

• Arm Height:

- Locate lower button (below the ridged button) on armrest
- o Depress and move height up and down and release button for desired height



• Arm Width:

- o Locate lever lock underneath the chair, where the arms attach to seat
- o Release lock by pressing tab towards the back of the chair
- Adjust width of arms in and out to desired distance
- Lock back in place by pressing forwards on the lock



• Seat Height:

- Locate lever on the right side of the chair and pull tab outwards to adjust height
 - To Lower Stay seated and pull the lever
 - To Raise Pull the lever without your weight on the chair



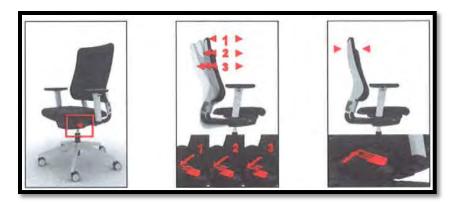
• Back Height:

- Locate two clasps on the back of the chair where it connects the back to the seat
- Unlock clasps by pulling tabs outwards
- Once clasps are released pull seat back up and down to desired height
- Lock back into place when complete, by pressing tabs inwards



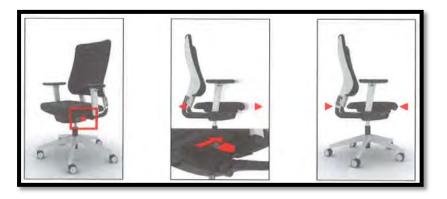
Back Tilt & Lock

- Locate lever underneath left side of chair, it is farther away from the armrests
- Pull or push tab to the desired setting
 - 1. Push tab all the way in to allow back to completely tilt all the way back
 - 2. Gently pull tab to the second notch to allow a moderate back tilt
 - 3. Pull the tab to the third notch to allow a small amount of back tilt
 - 4. Pull tab all the way out to prevent back from tilting at all while sitting



• Seat Depth

- Locate lever underneath left side of chair, closet to the armrests
- o Pull lever outwards and slide seat pan depth in or out to desired range



Back Tilt Tension

- Underneath, on the middle part of the chair, is pull out lever that you can twist to increase or decrease tilt tension
 - Turn clockwise to increase tension harder to lean back
 - Turn counterclockwise to decrease tension easier to lean back



Use

Do not use this task chair except as intended, and observe your general duty to take care of the chair and be careful. Any use other than intended (i.e., as a climbing aid, sitting on armrests, excessive loading on a single side) will create an accident hazard.

Casters

To ensure user safety and accommodate different flooring types, two types of casters are available:

- Carpet Casters (standard) with hard wheel lining for textile floors,
- Hard Floor Casters (optional) with soft wheel lining for all hard floors.

Plastic Parts Care

A mild soap solution is suitable for cleaning. Do not use any aggressive cleaning agent:

Upholstery Care

Use a mild detergent with water to clean and remove minor dirt and stains from the fabric.

Leather Care

Lealher is a natural product, and minor variations of the animal skin give it character. Only use a soft woolen cloth dampened with water to remove any minor dirt or stains. To clean any stronger soiling, use only care products designed for aniline dyed leather.

Service Work

Replacement of some worn or broken parts must only be done by qualified personnel. Contact KI Customer Service.

Caution

Replacement or maintenance of the pneumatic gas cylinder may only be completed by a qualified technician. Contact KI Customer Service