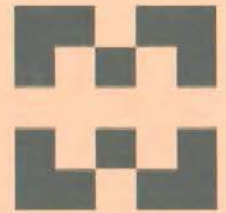


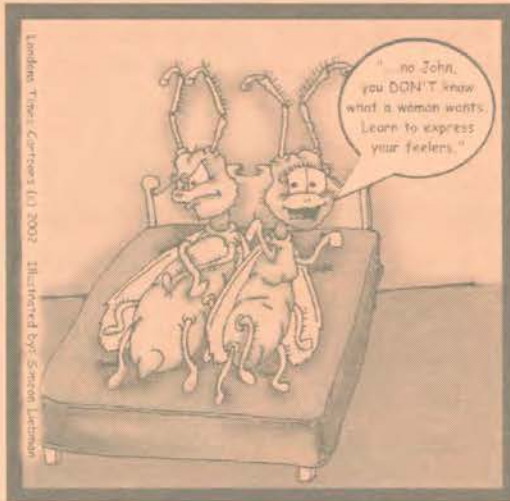
The Challenger



A Publication of the William Rainey Harper College Honors Program

Orgasmic Selection: The Secrecy of the Female Orgasm

By Jessica Sandacz



Some females claim that chocolate-covered cherries, banana-flavored ice cream, vanilla pudding, Hawaiian salad, buying sexy shoes, pickle chips, or even a new kitten is better than sex. But my question to you is...if these items, actions, and delicious delights are better than intercourse...what kind of sex are you having?!

In the past, females' needs have been neglected—maybe not everywhere, and maybe not every time, but let's face it: historically, sex has often been not a choice between both parties but a demand from the male. Whether a woman reached orgasm

or was satisfied under the sheets was not a concern of the self-interest-seeking man. But as times changed, females became more particular in their choice of males making men more conscious of their appearance in attire, hair style, and sexual appeal, and more keen on pleasing a female in the bedroom.

(Continued on page 4)



Sweet Dreams

By Demessa Jackson



Are dreams based on reality? Could dreams possibly be a way of attaining something that wouldn't ordinarily be possible in reality? Dreams are considered a form of communication and since communication can be achieved awake or while you are sleep, could it be that maybe you are dreaming not only when you are asleep, but also while you are awake? Are dreams inspired by the influences in one's life, or are they just random images? I happen to believe that both life and random images are factors in relation to dreams.

An interesting fact that I learned is that during a typical lifetime a person spends about 6 years dreaming (which is about 2 hours each night). It would be sad not to remember 6 years of your life. It is amazing how the mind traps and holds fast to images. To remember them all would be wonderful.

Recalling dreams is not that easy for some, but it can be taught. Everyone has the ability to recall and analyze his/her own dreams. According to experts, there are steps that you should follow in order to be able to recall your dreams. The first step is to write your dreams down. The second step is to sleep properly. In order to sleep properly it is suggested that you do the following:

(Continued on page 5)

October
2006

Theme for This Issue:
Psychology

Editor:
Jessica Sandacz

Inside this issue:

Orgasmic Selection:
The Secrecy of the
Female Orgasm 1

Sweet Dreams 1

The History of
Psychological
Therapy 2

Psycho-Lit 3

My Anti-Depressant
Almost Killed Me.
Drugs vs. Therapy 5



Ψ The History of Psychological Therapy Ψ

By Chris Garbarz

In the world we live in today, there are a variety of ways in which we treat the mentally ill. The method of treatment is of course often based on the condition of the patient or the type of disorder he or she is suffering from. It is sad and ironic though that many years ago we did not treat the mentally ill with the sensitivity often practiced today.

The history of psychological treatment dates all the way back to the times of ancient Greece and into the times of the Roman Empire. The Greek physician Hippocrates believed that mental disorders were caused by an imbalance of bodily fluids such as blood, bile, phlegm, and water. Too much or too little of a body fluid could cause someone to suffer from a mental disorder, as believed by the ancient Greeks. Treatment for mental disorders consisted of giving patients natural substances such as herbs, leaves, and plant roots with the hope that these substances would balance out the bodily fluids.

After the fall of the Roman Empire, the treatment of the mentally ill changed radically. The way in which the mentally ill were treated was based upon demonological thinking. The mentally ill were seen as people possessed by evil spirits controlling his or her mind. This thinking turned psychological therapy into anything but treatment. Often the "cure" would involve cruel practices such as exorcism where a clergyman would try to call out the

demon within the mentally ill person. In many other cases the mentally ill person would be killed either by being hanged or burned because of this evil spirit presumably in control of his or her mind. In other instances people were just thrown into prisons, where they were not treated at all, and they died shortly thereafter.

The first institutions for the mentally ill were asylums which originated in monasteries. However, the purpose of these asylums were not necessarily for treatment but instead just a place to hold the mentally ill away from society, a prison of some sort, if you will. The inmates of these asylums were chained and often beaten. The public were also often allowed to come see the mentally ill chained in the asylums for a small admission fee. Asylums were overcrowded and to put it simply, many inmates died early because they had nothing to depend on. It was not until the 18th century when some humanitarian reforms began to take

place. Philippe Pinel was the first to unchain the inmates and offer basic care at the asylum, La Bicetre. Patients seemed to improve in updated conditions, and some were allowed to re-join society. This is what struck the movement to reform the ways the mentally ill were viewed.

Asylums gradually



turned into mental hospitals, where patients were to be treated and not merely housed. However, the mental hospitals were often overcrowded and un-

derstaffed, so patients still received minimal attention. As time progressed more people became involved in the reform for the treatment of the mentally ill, such as Dorothea Dix and William Tuke. Thanks to

(Continued on page 9)

Psycho-Litē

By Kelsey Bartsch

When a child today is born with mental disabilities, the symptoms are spotted with relative promptness. The child is regarded differently to treat his or her special needs. Groups like NWSRA (Northwest Special Recreation Association) are founded for just such purposes, and these children can lead relatively normal lives into adulthood. At my job, there is a twenty-seven year old woman named Beth who takes care of the salad bar. She has worked there for over five years, despite her mental retardation, and she is an integral part of our team.

Mental disability has not been traditionally treated with such care or attentiveness, however. Throughout history, those with mental disabilities have been shunned or treated harshly just because of these disabilities. While some of these prejudices must certainly persist today, they have been much more brutal in the past. Literature has, of course, documented such prejudices. Perhaps the most compelling example of this testimony is in William Faulkner's *The Sound and the Fury*, the first section of which is told entirely from the view of Benjy, a mentally retarded

young man. Although the section is difficult to follow, it is perhaps one of the most riveting in literary history simply for its groundbreaking look at the life of someone who most would pass off as insignificant.

Taking place in the early nineteenth hundreds, this section is told mostly through the short action of facts (the scent of trees with no particular feeling attached, for example). The lack of emotions is certainly typical for the narrative, but the scenes do tell the reader certain details about Benjy's treatment at the hands of those surrounding him, namely his family. While his sister Caddy is wonderful to him, the rest of his family either treats him with disdain or neglect. However, Benjy's mother Caroline takes a different route than her family. She takes his existence itself as an insult, or, more atrociously, as a

punishment. Caroline laments being saddled with the obligation of a mentally retarded son, often complaining, "It's a judgment on me" (4). Even though she grumbles constantly, Caroline herself never actually lifts a finger to help with his care. She leaves Benjy in the custody of her adolescent daughter or her African-American housekeeper, Dilsey. In the meantime, Caroline herself whines to her brother Maury, an alcoholic who feeds off of his sister's family. Maury is Caroline's one link to her aristocratic-like upbringing, so it is an honor when she names her youngest son after him. However, when Benjy's retardation is discovered as he ages, Caroline revokes this gift of a name, calling him Benjamin (Benjy for short) instead of Maury.

(Continued on page 6)



Orgasmic Selection: The Female Orgasm

(Continued from p. 1)

For years, scientists have been disputing the purpose of female orgasm. *Psychology Today* states, "The male orgasm is no great mystery. It's little more than a physiologically simple ejaculation that is accompanied by a nearly addictive incentive to seek out further sexual encounters." The male abides by the simple rules of biology, "[t]he greater the number of inseminations a male achieves, the better his chances of being genetically represented in future generations."

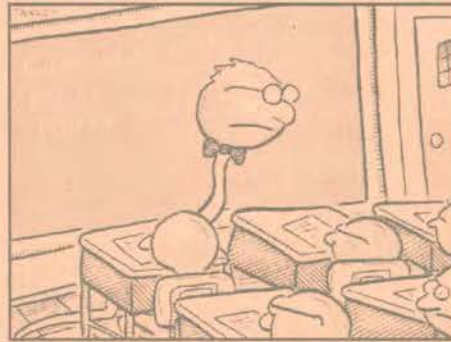
Compared with the frequent and effortlessly achieved orgasms that males experience, a females' sexual climax has remained secretive and sometime elusive. "Darwinian theorists who made premature attempts to address the female orgasm proposed that orgasm keeps a woman lying down after sex, passively retaining sperm and increasing her probability of conception. Others suggested that it evolved to create a stronger pair bond between lovers, inspiring in women feelings of intimacy and trust toward mates. Some reasoned that orgasm communicates a woman's sexual satisfaction and devotion to a lover," says *Psychology Today*. "Most recently, evolutionary psychologists have been exploring the proposition that female orgasm is a sophisticated adaptation that allows women to manipulate--even without their own awareness--which of their lovers

will be allowed to fertilize their eggs."

Psychologists including Harvard evolutionist Stephen Jay Gould insist that female orgasm doesn't have a role in reproduction. Gould argues that the female orgasm is accidental, caused by "an anatomical peculiarity of embryonic development." In embryos, the undifferentiated organ that later becomes the penis in

males becomes the clitoris in females. Anti-adaptationists like Gould--whose thinking uncannily parallels Freud's belief that women spend their life in penis envy--hold that the clitoris is, biologically speaking, an underdeveloped penis; it can let women mimic male orgasm, but it has no functional relevance or evolutionary history of its own.

"By the late 1960s, the **British Medical Journal** gained a clue for a reasonable adaptation hypothesis when they published an exchange of letters about the muscular contractions and uterine suction associated with women's orgasm. In one letter, a doctor reported that a patient's uterine and vaginal contractions during sex with a sailor had pulled off his condom. Upon inspection, the condom was found in her cervical canal! The doctor concluded that female orgasms pull sperm closer to the egg as well."



Sperm School

Researchers Baker and Bellis formed an experiment that sought to learn just how female orgasms might affect which lover's sperm is used to fertilize a female's eggs. Baker and Bellis "asked volunteers to keep track of the timing of their orgasms during sex, and, after copulation, to collect male ejaculates from vaginal flowback--a technical term denoting a distinct form of material that emerges from the vagina several hours after sex (scientists have devised a way to collect it). The team counted

sperm from over 300 instances of human copulation."

Baker and Bellis discovered that when a female climaxes between a minute before to 45 minutes after her lover ejaculates, she retains drastically more sperm than she does after non-orgasmic sex. When her orgasm precedes her male's by more than a minute, or when she does not have an orgasm, little sperm is retained. Just as the doctors' letters suggested decades earlier, the team's results indicated that muscular contractions associated with orgasm pull sperm from the vagina to the cervix, where it's in better position to reach an egg.

Therefore, Baker and Bellis proposed that by manipulating the occurrence and timing of orgasm--via subconscious processes--women influence the probability of conception. So while a man worries about

(Continued on page 6)

My Anti-Depressant Almost Killed Me: Drugs vs. Therapy

By Jessica Sandacz

Page 5

My eighth grade year I was sexually molested by my English teacher. Like most victims, I was afraid and embarrassed of what had happened so I kept quiet to protect myself. The next few years were faking a smile while the experience slowly devoured every happiness in my life. If you would have asked anyone in my school, my close friends, or even my family, they would have told you nothing could have been wrong. I was a cheerleader, an athlete, a color-guard member, a show-choir girl, a speech teamer...and I had impeccable grades. But my sophomore year I started to leak at the seams of this seemingly perfect existence.

I confided in one of my

speech team coaches everything that I had been through. It was the hardest conversation I ever had. He directed me to the school psychologist but was there for me as a support the entire time. Dr. Biwer and I worked together and finally told my parents. I was put into "professional counseling," or therapy. If there was ever a stigma around something so socially taboo to me, it was therapy.

In sessions I did something I hadn't done in a long time...I cried. Not just crying, bawling...SCREAMING with all the energy my lungs would allow. Bottled up emotions of 2 years raced through my veins

and exploded into sentences I never thought I needed to say. I went through the whole spectrum of emotions from anger to sadness to happiness to confusion. Dr. Farrell was one of my greatest releases...she gave me a voice and told me that it was okay to be angry and sad and truly happy again.

My mother didn't like the changes in my attitude. I was no longer this obliging child who was the portrait of perfection. I got angry when I felt my needs were being neglected. I cried when watching Disney movies. I was somewhat bi-polar and hard to deal with when I released every emotion I felt.

(Continued on page 7)

Sweet Dreams (Continued from p. 1)

- Use some type of relaxation technique.
- Be aware what you are thinking as you are dozing off. (This will give you some idea of what your dream will be about.)
- Tell yourself that you will remember your dream.
- Be well rested, get enough sleep, and wake up slowly and naturally. Being jolted out of your sleep even by an alarm clock can affect your recall.
- Eat healthy.

The absence of one or more of these points will make recalling your dreams difficult. By following these points you will eventually begin to remember your dreams, but understand that it will not happen overnight. It takes practice.

But why should we remember our dreams? For what purpose? Well, here enters dream interpretation—what does a dream actually mean? Is a dream just a dream, or is there some key to the riddle of one's identity behind it? Do you hide behind your dreams, or do you look at what the dream is portraying to you—it's inside meaning?

There may be some dreams that predict the future. Did you know that two weeks before his assassination, Abraham Lincoln had a dream that there was a funeral at the White House. In the dream he asked a soldier who was in the casket, and the reply was, "The President of United States." Later when he told his

wife about the dream, she remarked that he would die in office. Because the dream did not tell him how he would die, he disregarded the message that could

have been found in the dream. I have had dreams of house fires, death, births, etc., but no concrete detail as to how these circumstances will occur. Within six months the dreams came to fruition, but again, without specific details revealed to me, just as in President Lincoln's dream, I am not given enough detail to possibly make a difference. Does

(Continued on page 7)



Orgasmic Selection: The Secrecy of the Female Orgasm (Continued)

(Continued from page 4)

a woman's satisfaction with him as a lover out of fear she will stray, orgasmic females may be up to something far more clever--deciding which partner will sire her children.

So, now that Evolutionary Psychologists have determined the importance of the female orgasm, you females and males might need additional advice. Guys are sometimes clueless about the complexities of the female body...but, females are guilty of the same crime. A great web-site to consult is "[Best Female Sex Positions - Sex Positions for Women to Reach Orgasm](#)" where I found the articles:

"The great question that has never been answered and which I have not yet been able to answer, despite my thirty years of research into the feminine soul, is "What does a woman want?" ~ Freud

How to Have Awesome Sex Give Yourself an Orgasm

&

4 Positions for a Better (Female) Orgasm

Many more articles that you and your partner can try are available by just google-ing "female orgasms" or "female orgasm positions."

There are many websites that cater to heterosexual and homosexual couples. Any male or female seeking to know her body better is also recommended to pick up an occasional Cosmopolitan magazine where great tips can also be found along with an array of

other treats to try. And hopefully once sex becomes orgasmic, chocolate-covered cherries will not be better than sex.

You may (or may not) be wondering, "The theme of this issue of **The Challenger** is psychology. What does all of this chatter about the female orgasm have to do with psychology?" Well...psychology deals with mental health. The western-culture would be kidding itself if it didn't realize the parallel between female satisfaction in the bedroom and mental happiness in life. Sexual health is not the same as mental health, but good sexual health, a genuine concern between partners for one another, can be an avenue toward improved mental well-being.

Psycho-Lit (continued from p. 3)

This action of changing her own son's name because of her disgrace at his disability is revolting, but it is only the beginning of Benjy's abuse due to his retardation. The entire family constantly ignores Benjy, particularly his own parents. Instead, they pass his care on to the black servant family that lives on their property. Because the story spans about thirty years, two generations of Dilsey's family tend to Benjy, first Dilsey's son, Versh, then her grandson, Luster. Versh genuinely likes Benjy, despite Benjy's disability. Luster, on the other hand, despises the time he has to spend taking care of the man who is probably twice his own age. Luster leads Benjy around like a dog on a leash, and hopes to get use of Benjy by making the retarded man look around for objects he has lost. All the while, Luster roars at Benjy, "'Shut up that moaning,'" or something equally violent (1). This behavior

(Continued on page 10)

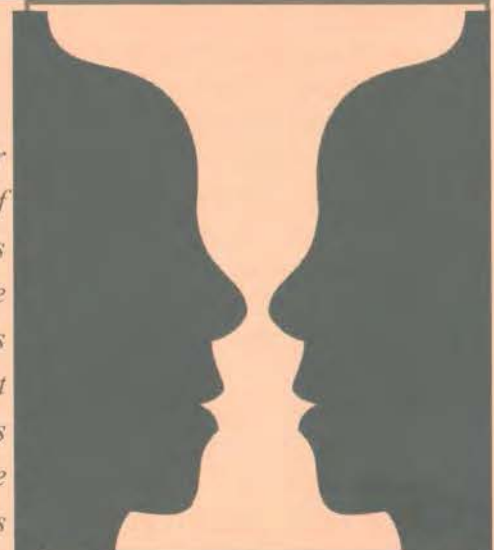


Figure Ground

Do you see a vase or two faces

*"My Anti-Depressant..."**(Continued from page 5)*

My mom pulled me out of therapy and put me on anti-depressants. Trips to visit the psychiatrist were cold and uncaring. All the psychiatrist was concerned about was how the drug was affecting me...not how school was going, or how I was coping with my family and friends and school work. She only cared that I had a numb mood and no disruptive temper.

Once on Effexor my grades started slipping. I had no will to do homework. I slept most of the days. I started missing days upon days of school. I didn't want to get up. Mr. Schiferl, my creative-writing teacher, was con-



cerned for my health. He started noticing cuts on my arms. I would do anything to feel. The numbness was too much to handle; I contemplated suicide.

On July 17, 2000, the FDA approved Effexor. "Effexor, which is still on the market, has been linked with suicide, suicidal ideation, suicidal behavior and suicide attempts. Effexor is a SNRI antidepressant (serotonin norepinephrine reuptake inhibitor) and is used to treat depression and associated anxiety symp-

toms." (*Effexor Suicide & Suicide Attempt side effects Lawyer*)

The drug "Effexor generated \$2.1 billion in sales in 2004 making it Wyeth's biggest selling drug" (*Effexor Suicide & Suicide Attempt side effects Lawyer*)

During an average of three years of follow-ups, "21.4% of the patients taking antidepressants died compared with 12.5% of those not on antidepressants. After adjusting for demographic factors, cardiac risk factors, scores on the Beck Depression Inventory test, and the presence of other illness[es], antidepressant use was an independent risk factor for mortality, increasing the risk by 62%." (*Effexor Suicide & Suicide Attempt side effects Lawyer*)

Going into my senior year of high school, I took myself off Effexor, which I had been taking for two years. I stopped cold turkey. My body went through withdrawal and it was difficult; I began to feel sick for the most part and anxious, but it was feeling. I haven't taken it since. My grades improved, but not enough to get me to a school I wanted. I chose Harper. I am studying Psychology and part of the Honors Program and Phi Theta Kappa. I will never forget Mr. Schiferl or Dr. Farrell or Dr. Biwer, and I encourage you, if you have suicidal tendencies, to seek help. Talk to someone close, someone that you trust; talk to a teacher, talk to a parent, or talk to a school psychologist.

*(Continued on page 10)**Sweet Dreams (Continued)**(Continued from page 5)*

all of this verify absolutely that within dreams is the power of prophecy? No, certainly not. But it is surely worth our consideration.

Now, on the flip side, there are those dreams that occur more than once. I would assume that a repetitive dream definitely has a purpose, one that needs inquiry. There have been several times that repetitive dreams have had their effect(s) in my life. In my case, those repetitive dreams came true in some form. One night before we were due to attend church I had a dream that I was driving in the car with my then husband and children, on our way to church, when suddenly we were in a car accident. I had that dream three times in one night. From personal experience I knew that when that happens, the dream comes true. The following morning I told my husband about my dream and voiced my concern about going. He ignored my concern, so I told him that the children and I weren't going with him. He went anyway, with an attitude I might add. Shortly after he left the house, I received a phone call. The voice on the other line informed me that my husband had been in an accident. He turned out to be alright, but needless to say, after that incident he began to listen to me.

I also have the ability to realize that I am dreaming while I am still engaged in the dream. This is called lucid dreaming. It is at this time that I can change what happens or what the original outcome was supposed to be. What follows is my first lucid dream: I was walking in a field of flowers,

(Continued on page 8)



and suddenly I was surrounded by ninja. Now ordinarily, I would have jolted awake as they charged me, but I realized that I was dreaming and said to myself, "Hey, I must be dreaming. Ninjas don't just pop out of the blue." Just as they started to charge, I closed my eyes and floated above them. Then with the superpowers I bestowed upon myself, I kicked some ninja butt. After it was all over, the ninjas disappeared and I walked off thinking to myself, "Now that that's over, I need to wake up." I woke up remembering everything that happened.

Being able to control your dreams is actually really fun, and you wake up feeling as if you have accomplished something—as if you are the hero. There aren't many who are able to change the possible outcome of their dreams, but with focus, persistence, and good sleep habits, you will be able to achieve that experience. Sweet dreams.

Famous quotes:

- Cherish your visions and your dreams as they are the children of your soul, the blue prints of your ultimate accomplishments. ~ Napoleon Hill
- I was not looking for my dreams to interpret my life, but rather for my life to interpret my dreams. ~ Susan Sontag
- We grow by dreams. All big men are dreamers. Some of us let dreams die, but others nourish and protect them, nurse them through the bad days ... to the sunshine and light which always come. ~ Woodrow Wilson
- A goal is a dream that has an ending. ~ Duke Ellington
- When I dream, I am ageless. ~ Elizabeth Coatsworth
- Deep into the darkness peering,/long I stood there, wondering,/fearing, doubting, dreaming dreams/no mortal ever dared to dream before. ~ Edgar Allan Poe
- Dreams show you that you have the power. ~ Helen Schucman
- Dreams are true while they last and do we not live in dreams? ~ Alfred Lord Tennyson
- Dreams are illustrations from the book your soul is writing about you. ~ Marsha Norman
- "It may be those who do most, dream most." ~ Stephen Lea cock

Dream Analysis

- Beige** Everything related with this color denotes neutrality and detachment. There is absence of communication.
- Black** Black signifies isolation and a transition period. It points to conflicts and friction with relations and friends.
- Blue** This dream denotes a great source of inner peace and a symbol of contentment.
- Brown** This is an auspicious color to dream about, and it signifies freedom, success, money and a happy and long-lasting union.

(Continued on page 9)

Gray Gray is related with a transition period. If clear, it signifies peace, but if dull, it signifies fear.

Green Growth and serenity. There are projects which the dreamer is enthusiastic about, and the dreamer gains great pleasures from simple things.

(Continued on p. 12)

The History of Psychological Therapy

(Continued from p. 2)

science and many remarkable psychologists in history, new treatments were discovered and psychological disorders were distinguished from one another. In other words, all persons suffering from dementia ceased to be lumped into a single category of "lunacy."

The treatment of the mentally ill has improved drastically, but even today not everything is perfect. Some of the people suffering from psychological disorders have little to depend on and end up joining the homeless on the streets or end up committing crimes. But despite the fact that the mentally ill community is not always treated properly, we still have a wide variety of therapy methods to treat a wide range of psychological disorders. It is only with effort and true humanity that the evolution of psychological treatment will continue to improve.

Psycho-Lit

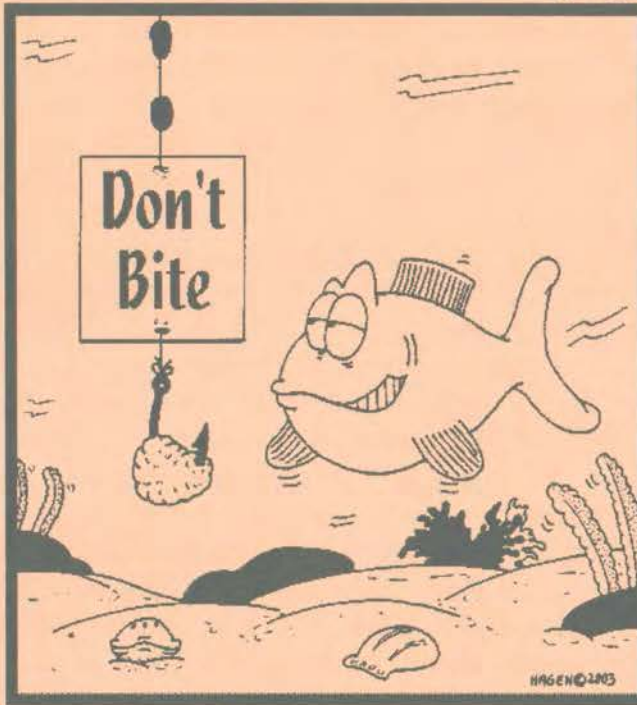
(Continued from p. 10)

Benjy is certainly to be pitied. He is completely unable to communicate with those around him, and his own family ignores him or loathes him. In the appendix of his story, Faulkner notes that Benjy is indeed sent to the

Jackson asylum by his brother, the only family he has left. I am proud of the advances that have been made for people with mental disabilities. I feel confident that if Benjy were born today, he would have a much brighter future. However, when assessing our the improvements we have made for the disabled, it is always important to remember our past, to remember all the Benjys of the world.

It's a Jungle out there!

by HAGEN



Reverse psychology

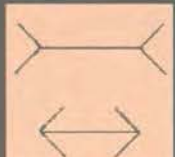
Hagen Cartoons: <http://www.hagencartoons.com>

Rabbit-Duck Illusion



Right:
What do you see?
Look again.
Is it a rabbit or a duck?

Müller-Lyer Illusion



Left:
Which line is longer?
Look again.
They are both the same

(Continued from page 7)

I thought that it was hopeless for me to continue living and that my life was too broke to fix. From my experience I'm sure that names will gradually fade, memories will become fuzzy and details will be distorted, but the one concept that will never fade is "There will always be hope."

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in crisis. If you need help, please dial:

1-800-273-TALK



Call for yourself or someone you care about. Your call is free and confidential.

(Continued from page 6)

is shocking, certainly, but is even more disturbing because Luster and his family are perhaps the most loving people toward Benjy. Even Luster, with his snide remarks, seems to care for Benjy much more than Caroline, and certainly more than Benjy's eldest brother, Jason, who constantly threatens to ship Benjy away to an asylum. This lack of acknowledgement towards Benjy is startling to think about in a world where we now have programs and groups dedicated to the empowerment of the disabled.

Benjy's treatment as someone less than human is certainly disturbing, but Benjy suffers from much more than his family's disregard. He is seen as a total threat to the world around him, to the community in which he lives. In one scene, someone leaves the gate of the Compson compound partially open, and Benjy is allowed out into the street, where some girls are walking home from school. The girls are terrified as Benjy approaches them. Presumably, he gets these girls confused with his sister, who, remember, is the only woman who ever cared for him. The girls take this interaction as an attack, calling an unnamed man to help them. After Benjy is wrestled to the ground, the Compsons ruminate over a more concrete way to keep him safe than the unreliable fence. Eventually, Benjy's own family castrates him, as if he is an animal. Like livestock, he is stripped of one of the most fundamental body parts of the male anatomy. By robbing Benjy of this manly icon, his family robs him of the last "normal" piece of humanity, simply because they do not take the time to understand him.

Benjy's entire life is a roller coaster ride of emotions. Those around him ignore his needs and make decisions for him based upon their own desires. As Benjy ages and his father dies, Benjy's life changes very little. He is still looked after by a member of the servant family, still ignored by his remaining family (once his loving sister is sent away). The only difference is that his brother Jason's disregard for him has turned into a quest to see Benjy sent away to an asylum. One could only imagine the state of an asylum during the 1930s, and it is obvious that Jason is aware of what awaits Benjy at such a place, but he doesn't care. He wants his brother out of his way so that he can feel more like a man. Jason would most likely have shipped Benjy off to the aforementioned asylum years before, right after his father's death, had it not been for fear of Benjy's most beloved caretaker, Dilsey.

Benjy is certainly to be pitied. He is completely unable to communicate with those around him, and his own family ignores him or loathes him. In the Appendix of his story, Faulkner notes that Benjy is indeed sent to the Jackson asylum by his brother, the only "family" he has left. I am proud of the advances that have been made for people with

(Continued on page 9)

The Challenger: Psychology



(c) 2001: RICK LONDON / JOEL COUGHLIN

Editor's Note

The opinions expressed in this publication do not necessarily reflect those of the Harper College administration, faculty, or staff.

A Publication of the William Rainey Harper College Honors Program

A Publication of the William Rainey Harper College Honors

Editor: Jessica Sandacz

Contributing Staff: Chris Garbarz
Kelsey Bartsch
Demēssa Jackson

Faculty Advisor: Andrew Wilson

Honors Program Coordinator:
Andrew Wilson

Phone: 847.925.6791

E-mail: Awilson@harpercollege.edu

WE'RE ON THE WEB!
<http://www.harpercollege.edu/cluborgs/honors>

The Challenger: References

J. Sandacz's "Orgasmic Selection"

- <http://www.psychologytoday.com/articles/pto-19960101-000028.html>

J. Sandacz's "My Anti-Depressant..."

- <http://www.yourlawyer.com/topics/overview/effexor>

D. Jackson's "Sweet Dreams"

- <http://www.wikipedia.org/>
- <http://www.newagedictionary.com/>
- Petrix.com



- Orange** *The color orange in dreams indicates passion in every aspect of the dreamer's life.*
- Pink** *This is associated with tenderness and love. One who dreams in pink can expect interesting developments in relations with opposite sex.*
- Purple** *In a dream, purple reveals the dreamer's great aspirations and understanding of visible and invisible realms.*
- Red** *This is an indication of great passion and sensitivity in the dreamer's emotional relationships.*
- Turquoise** *This normally indicates new opportunities and the successful completion of projects; it is a sign of good luck.*
- White** *People feel they can rely on the dreamer who dreams in white. This dreamer has an abundance of energy and vitality.*
- Yellow** *This color is a sign of confidence in the dreamer and his or her abilities, but he/she will encounter opposition.*

For more information on what can be gained from recognizing numerous images and moods like "ankle," "breast," "hips," "finger," "shoulders," "February," "October," and "winter" consult the following: Wikipedia Encyclopedia, Newagedictionary.com, and Petrix.com.

Honors Program Announcements:

See our Honors Society discussion topics below. All meetings take place on Wednesday afternoons, in room L-329, from 3:30 p.m. to 5:00 p.m. All are welcome and encouraged to attend!

October 25

Hi-Jacking the Environment: Political Rhetoric and Global Warming; Faculty Guest: Joshua Sunderbruch, from Harper's English Department

November 1

Dadaism; Faculty Guest: Perry Pollack, from Harper's Art Department

November 8

The History of Abortion in the United States; special guest: Dr. Kate Sunderbruch, M.D., Chief Resident of Pediatrics at Loyola University Medical Center

November 15

Immigration, Illegal Immigration, and Bi-Lingual Education; Faculty Guest: Jennifer Bell, from Harper's AE/LS Division

November 22

Thanksgiving Guitar Concert; Faculty Guest/Performer: Steve Vasquez (free pizza and soda!)

November 29

Is There Such a Thing as White Privilege? Faculty Guests: Kris Conroy and Laura LaBauve-Maher

December 6

"Mainstreaming Homosexuality"; Faculty Guest: Jessica Walsh, from Harper's English Department

~~~~~ Japan?

Interested in going to Japan? Mr. Wilson will hopefully take a handful of Honors Program students to Japan over the 2007 Spring Break, March 24-31. If you are **seriously** interested, please contact Mr. Wilson immediately at awilson@harpercollege.edu or 847.925.6791. Students who accompany Mr. Wilson on this venture will likely earn 3 hours of Honors credit.

