Each year, the Lifelong Learning Institute (LLI), for adults 55 and over, offers over 200 short-term courses, seminars and lectures exploring everything from art, music and history to science, technology and beyond. LLI's offering even more this year, with new courses, prizes and encore sessions of 25 of our most popular courses.

LLI 2013 Program Preview
Wednesday, August 7, 9 a.m. – 12:30 p.m.
Wojcik Conference Center (Building W)
FREE
• Take mini-classes—samples of popular courses.
• Enjoy refreshments.
• Meet instructors and other lifelong learners.
• Register early for fall courses.
• Join LLI.

For more information or to RSVP now, visit harpercollege.edu/ce or call 847.925.6300.
INSIDE LLI gives you a preview of courses offered by Harper College’s Lifelong Learning Institute (LLI). While you don’t have to become a member to register for some classes, our $35 yearly membership fee entitles you to special benefits including members-only LLI courses. Your LLI membership brings you into a community of lifelong learners and provides an opportunity to learn from some of Harper’s finest faculty members and distinguished community experts. Our partner organizations, located throughout the Harper district, offer you the advantage of attending classes and activities closer to home. Through the Institute, you will discover a world of great discussions, innovative classes and new friendships. For more information or to register for classes, call us at 847.925.6300 or visit us at harpercollege.edu/ce.
AQUATICS

AQUACISE
Get a great workout with this in-water exercise program which emphasizes the development of cardiopulmonary endurance, flexibility, muscle strength, muscle endurance and general movement efficiency. Music guides the exercise program. (Participants do not need to know how to swim.)

FEES: $39
LPP0104-001 80632
MON. WED. M 160
6/3-7/24 9:00 am-9:50 am
LPP0104-002 80633
TUES. THUR. M 160
6/4-7/25 8:30 am-9:20 am
LPP0104-003 80634
TUES. THUR. M 160
6/4-7/25 6:00 pm-6:50 pm

HEALTHY LIVING EXERCISE PROGRAM

HEALTHY LIVING EXERCISE PROGRAM
If you desire a more physically active lifestyle with professional supervision and motivation during exercise or have a history of heart disease, hypertension, asthma, diabetes, high cholesterol or lower back pain, this program is for you. We will provide you with a group exercise format including a personalized exercise prescription to help you attain your goals. New enrollments require medical clearance. Please call 847-925-6898 before registering.

FEES: $99
LHP0002-001 80719
MON. WED. THUR. M 162
5/20-8/08 6:45 am-7:45 am
LHP0002-002 80720
MON. WED. THUR. M 162
5/20-8/08 8:00 am-9:00 am
LHP0002-003 80721
MON. WED. THUR. M 162
5/20-8/08 5:00 pm-6:00 pm

COURSES AND SEMINARS

NEW

A LOAF OF BREAD, A SLICE OF HISTORY
Bread is part of everyday and religious life around the world. In this course, you will trace the history of bread from the first cultivated crops of grain through ancient Mesopotamia, Egypt, Greece and Rome. Sara Drower will follow the story from medieval serfs, millers and baking guilds through the Industrial Revolution and to the present day manufacture of bread. You will also see breads that are part of superstitions, folklore and celebrations along with artisan and gluten-free breads. Save room to taste some delicious samples!

FEES: $10
LLI0416-099 80533
TUES. W 219
6/18 1:00 pm-2:30 pm

ALL ABOUT SALT
Salt is not only a biological necessity of human life, but it is also a major influence in trade, civil engineering and cultural habits. Salt preserves food and accounts for the sal in salami, salad and salsa. Cities were founded near sources of salt, and important trade routes were established based on the availability of salt. Even today, salt crosses the threshold of a new home in many cultures. Through digital pictures, Sara Drower will take a look at the important role of salt. You will have a chance to sample some unusual salts from around the world.

FEES: $10
LLI0418-099 80535
THUR. W 219
7/25 1:00 pm-2:30 pm

STRESS GETTING TO YOU?
Get or give the gift of a relaxing 50-minute massage

Community members: $40
Seniors (65+): $35

Gift certificates for the Harper College Massage Clinic are available at the CE Registration Desk, Lobby, Wojcik Conference Center (Building W).

Call 847.925.6300 for details.
AMERICAN MADAMS
From the elegant Everleigh Club in Chicago to the rough and tumble houses of the old west, women were among the first American CEOs of the pleasure service industry. Lisa Didier will tell you how madams ran their houses, show you images of the original brothels and antiques, and share with you anecdotes about their personal lives. NOTE: This rollicking program contains absolutely no sexually explicit images or stories.

FEES: $15
LLI0419-099 80536
THUR.  NEC 114
7/11 1:00 pm-2:30 pm

CANALLERS IN THE CORRIDOR
Abraham Lincoln traveled on the Illinois and Michigan Canal, and he was fond of telling other members of Congress that the vital waterway which linked Chicago to the Mississippi River was located entirely in Illinois. The canal, now a National Heritage Corridor, secured Chicago as the commercial capital of the Midwest. Local historian Jim Carr will bring this important part of Illinois history to life while discussing its historical significance. A reenactor as well as a history researcher, Carr will switch to first person narrative as Timothy James Carr and tell you about life on the canal in the 1800s.

FEES: $10
LLI0421-099 80538
WED.  PTSC
6/19 1:00 pm-2:30 pm

CLEARING CLUTTER — HOW TO LET GO AND MOVE ON
Your home is a template for your life. What is it telling you right now? Do you feel stuck in your career or relationships? Clearing clutter removes not only unwanted items from your home but transforms your space to bring new energy into your life. Whether your clutter is in your home office, bedroom or basement, you will become empowered to let go of the past and move on. Joyce Kocinski, certified Feng Shui consultant and interior designer, will provide you with the help you need to get started.

FEES: $15
LLI0422-099 80539
TUES.  W 219
7/23 1:00 pm-3:00 pm

CONTINUOUS COLOR IN YOUR GARDEN
To compliment the book, Continuous Color: A Month-by-Month Guide to Shrubs and Small Trees for the Continuous Bloom Garden, Pam Duthie has created an easily accessible guide to planning a garden. You will start with shrubs, conifers and small trees and then decide the perennial partners to include. The lecture is done in the easy U-Can Plan chart system so you can quickly learn a method of creating a garden of your own that will have color in every season.

FEES: $15
LLI0423-099 80540
WED.  W 219
6/12 10:00 am-11:30 am

CREATE A GMAIL ACCOUNT
Email not only allows quick communication between family members and businesses, but it also provides an ability to sign up for information, sales, and entertainment. Embrace the world of electronic information by creating a Google email (Gmail) account. Deborah Abbott will take you beyond regular email to learn the specifics of Gmail and Google Docs. Have fun creating an account and sending emails to your fellow students and the teacher. (Members-only course.)

FEES: $32
LLI0424-001 80625
TUES.  I 229
6/11 5:00 pm-7:00 pm

I AM FROM DIVISION STREET
Kenneth Green has worn many hats in his life: Chief of Public Defenders in Los Angeles County, high school teacher, adjunct professor at UCLA, reserve police officer and even amateur boxer, a career which earned him a place in the California Boxing Hall of Fame. His successes belie his turbulent life growing up in tough Humboldt Park in the 40s and 50s where he dealt with poverty and academic failure. Through all the down times, he knew he did not want Division Street to define his life. Green will show you how his path to success started there, with anecdotes about the people who made a difference in his life. He will also touch on the profiles of other famous and successful individuals who are from Division Street.

FEES: $10
LLI0428-099 80544
THUR.  AHSC
6/6 1:00 pm-2:00 pm
LUSCIOUS SUMMER SALADS
There is no need to turn on the stove or fire up the grill to get great flavor this summer. Learn about all the amazing things you can do with salads and salad dressing. Meet healthy eating specialist Tatiyana Baukovic at Whole Foods Market in Schaumburg, where she will be whipping up a delicious strawberry and watermelon salad, a red berry salad with crusted goat cheese, a curried quinoa salad with mango and black beans, and a Caesar salad with a twist. Of course, you will get to taste and take home the recipes. Whole Foods is located at 750 Martingale Road in Schaumburg. Please arrive a few minutes early to take your place for the demonstration.

FEES: $10
LLI0430-099  80546
TUES.  WFMS
7/9  10:00 am-11:00 am

MASTER YOUR DIGITAL CAMERA
It turns out there is more to taking a great photograph than just pointing and shooting. Daily Herald photographer George LeClaire, winner of over 100 awards for his work and recipient of the prestigious Peter Lisagor Award, will help you navigate the menu and master white balance and the sports setting. You will also learn about the devices that can be used with your camera. Knowing how to use and adjust the various functions of your camera, such as shooting modes, close-ups, exposure and much more, will make you a more confident photographer. Your photos of the grandkids will be the envy of the clan. Be sure to bring your digital camera and its manual to class. (Members-only course.)

FEES: $15
LLI0432-001  80549
MON.  W 219
6/17  10:00 am-12:00 pm

MICHIGAN BEACH TOWNS: CLOSE TO HOME BUT A MILLION MILES AWAY
Warm sandy beaches, blue water, sailboats, towering sand dunes, sunsets, lighthouses and fresh blueberries are calling you. After this class you will be getting out your road atlas to plan a trip to this little paradise that is just a few hours away in Western Michigan. You will also find plenty of history there, including John Jacob Astor and the fur trade, Joliet and Marquette and the Indian villages, and the 19th century forts and lumber camps which dotted the area. Pack your sunscreen and follow Nancy McCully as she takes you on a tour of the longest continuous stretch of freshwater beach in the world.

FEES: $15
LLI0433-099  80551
TUES.  W 219
6/4  1:00 pm-2:00 pm

MY FACEBOOK
Facebook started as a way for college students to connect, but it has become a huge social circle for connection to family, friends, products and services. In the first half of this class, you will learn about the Facebook community as you create your own account and see how to remain secure online. In the second half of the class, you will explore posting messages and photos, updating your profile and adding friends and family to your Facebook circle. (Members-only course.)

FEES: $32
LLI0435-001  80626
TUES.  I 229
7/16  5:00 pm-7:00 pm

ON THE BANNED WAGON
Although they contained different elements (sex, violence or politics), these movies had one thing in common: they were banned! Daily Herald film critic Dann Gire presents a survey of some of the most controversial and hated movies in the history of cinema. Clips from such works as The Last Temptation of Christ, The Manchurian Candidate, Freaks, Carnal Knowledge, Monty Python’s Life of Brian, plus many others will be reviewed. Are banned movies a thing of the past? The answer might surprise you.

FEES: $15
LLI0438-099  80558
WED.  W 219
6/26  1:00 pm-3:00 pm

A Top Chef Helps Make Your Desserts Even Sweeter
Chef Michael Maddox will teach you how to prepare delicious French desserts you’ll taste and savor. Enjoy the recipes at home later. Enroll in Summer French Desserts.

FEES: $10
LLI0444-099  80568
6/13

LLI Experience the Joy of Learning
SUMMER FRENCH DESSERTS
The accolades for Chef Michael Maddox seem endless and include being called one of the Top 50 Chefs by Chicago Magazine and Top Celebrity Chefs from Zagat. His fabled restaurant, Le Titi de Paris, was inducted into the National Restaurant News Fine Dining Hall of Fame. Now you can meet him in person as he demonstrates one of his specialties, French desserts. Chef Michael promises you a delightful afternoon of learning and tasting. He will prepare summer fruit Normandy tart, milk chocolate and Door County cherry pot au crème, and bittersweet chocolate gateau with pineapple and coconut Bavarian mousse. You will get to taste everything and take home the recipes.

FEES: $10
LLI0444-099 80568
THUR. GAR 6/13 1:00 pm-2:30 pm

THE ILLINOIS CARNEGIE LIBRARY
You are invited to join Annette Baldwin on a visual journey of the roads and highways of Illinois, discovering the historical Carnegie libraries along the way. Of the 105 libraries built, 88 buildings remain standing and 71 are still functioning as libraries. You will find beautiful, interesting and quirky structures. Learn about the historical period and the inspiration for the origination of the Carnegie library, its architectural style, and how the various communities in Illinois have preserved and/or expanded their library. Also discover the various ways other extant Carnegie library buildings are being used.

FEES: $10
LLI0446-099 80571
MON. W 219 6/17 1:00 pm-2:30 pm

THE PROCESS OF AGING: AN OVERVIEW OF AGING AND FIGHTING AGEISM
Mike McCann will lead you in an interactive discussion on what happens to our bodies mentally and physically as we age and how to combat the stereotypes that exist in our culture. Topics include culture change, embracing wellness, advocating for older adults, and understanding the changes that occur when we age. This seminar uses video, interactive demonstrations and testimonies to promote complete wellness for our aging populations.

FEES: $10
LLI0448-099 80576
TUES. W 219 7/23 9:30 am-11:30 am

TRADITIONAL CHINESE MEDICINE
Traditional Chinese Medicine (TCM) is an alternative form of treatment which has evolved over thousands of years. Its practitioners are guided by the principle that the body can heal itself if properly treated with various therapies, such as: herbs, nutrition, meditation, exercise, massage and acupuncture. They believe that the interconnectedness of the body requires that the whole person be treated. The National Institute of Health reports that millions of Americans today choose to include alternative treatments in their medical plan. Dr. Julie Zhu, OMD, received her M.D. in China and has been in practice for 29 years. She is board certified in acupuncture and Chinese herbology and has a private practice in Arlington Heights. Dr. Zhu will expand your knowledge of alternative medicine with her discussion of the TCM view of disease, its causes and treatments.

FEES: $10
LLI0450-099 80579
MON. W 219 6/10 1:00 pm-2:30 pm

WHAT HAPPENS WHEN THE RAILROAD LEAVES TOWN?
Rail line abandonment has claimed more than half of US rail routes during the past 50 years. Many of these locations had unusual experiences with rail line abandonment or controversial and unexpected developments that continued to affect communities years after the last train departed. Joseph Schwieterman will review the rise and fall of rail travel in American cities and highlight local train stations in their prime and after abandonment, and share with you the events that contributed to the demise of railroads in 64 towns and cities.

FEES: $10
LLI0452-099 80583
TUES. W 219 6/25 1:00 pm-2:00 pm

WHERE ARE THEY NOW?
Celebrity historian Leon Michelson will regale you with stories of the great stars of the silver screen who have made it to the eighty-year milestone. What are they doing now and are they currently in show business? Are they still living the lavish lifestyle or did they squander their wealth? Michelson has a lifetime of stories for you that will have you recalling the heydays of your old favorites.

FEES: $15
LLI0453-099 80670
TUES. NEC 114 6/11 10:00 am-11:15 am
ZEN LEADERSHIP: HOW TO BRING BALANCE TO YOUR LIFE AND WORK
How can you use Zen leadership in your life and daily activities? Mike McCann will show you how a spiritual leader uses personal values to maintain a balance of understanding and acceptance within family, work and oneself. Upon completion of this session, you will be able to define the four traits of a Zen leader and apply them to your life.

FEES: $10
LLI0454-099 80585
THUR. W 219
6/13 10:00 am-11:30 am

THE ARTS

THE ART OF NORMAN ROCKWELL
Regarded as the most popular painter in America during his lifetime, Norman Rockwell has endured in the memories of people who enjoyed the covers he painted for *The Saturday Evening Post* for nearly 60 years. Art professor and historian Jeff Mishur will discuss the development of Rockwell from his earliest days at *The Post* to his popular illustrations for *Look* and *Life* magazines. His appeal in the present day is based almost entirely on commercially produced reproductions of his work on everything from posters to coffee mugs. Mishur believes that it is for this very reason that we should take a closer look at the achievements of Norman Rockwell to reach a better understanding of his importance in American history.

FEES: $10
LLI0348-099 80530
WED. GAR
6/19 10:00 am-11:30 am

MY GOODNESS, MY GUINNESS!
ART TREASURES OF KENWOOD HOUSE
Kenwood House in London is a unique museum containing the extraordinary private collection bequeathed by Edward Cecil Guinness, First Earl of Iveagh. Sir Edward was heir to and chief executive of the most successful brewery in the world. He was also a great philanthropist who amassed a magnificent personal collection which included Rembrandt, Van Dyck and Gainsborough. Dr. Michelle Mishur will discuss the significance of the collection and take you on an armchair tour.

FEES: $10
LLI0436-099 80555
MON. AHSC
7/22 10:00 am-11:30 am

HISTORY

THE 1950S: NEW DECADE AND NEW CONFLICTS
Historian Myra Loris will teach you about the expanded use of proxy wars to fight the escalating Cold War. You will focus on Korea, Vietnam, and the space race. You will also participate in a discussion on the increasing demands for female rights in the late 50s and The Feminine Mystique. (Members-only course.)

FEES: $15
LLI0368-001 80532
TUES. NEC 114
5/21 10:30 am-11:30 am

HENRY FORD
There was more to Henry Ford than his extraordinary contributions to the automobile industry. Did you know that Ford hoped to be as big a success in politics as he was at running the Ford Motor Company? Terry Lynch will portray the auto magnate and illustrate how his uncompromising opinions that worked for the auto industry did not make him a man of the people.

FEES: $10
LLI0427-099 80543
WED. GAR
6/12 1:00 pm-2:00 pm

MARGARET FULLER: GENTEEL RADICAL
In the middle of the 19th century, an era when the roles of women were limited increasingly to the home or to volunteer work, Margaret Fuller emerged as one of the most creative female intellectuals the nation has ever produced. During her brief life, she was a literary editor for the *New York Tribune*, a feminist author, a mentor of other women, and a compatriot of Emerson and Thoreau. Joyce Haworth will discuss the life and work of this amazing woman and chart her intellectual journey as she attempted to reconcile European philosophy with American democracy.

FEES: $15
LLI0431-099 80547
MON. NEC 114
6/10 10:00 am-12:00 pm

Explore the Marshall Field and Company Empire
Marshall Field and Company reigned as the leading department store in Chicago for decades. Trace the history of the empire from its beginnings in 1852. See page 9.

LLI0263-099 80528
7/17 $10
MILITARY BATTLES THAT CHANGED HISTORY
Ancient empires that were thought to be indestructible, including Egypt, Babylonia, Assyria, Persia, Greece and Rome, were all undone by others. The much bally-hooed conquests of Alexander the Great, Attila the Hun, Genghis Khan, and Napoleon were all temporary. Historian Bill Haase has selected 11 military battles in all of history that he believes profoundly affected the world as we know it. Bill will give us his list and urges you to come with a list of your own. You do not have to be a military history buff to enjoy this review.

FEES: $10
LLI0434-099  80553
THUR.  PTSC
6/20  10:00 am-11:30 am

OUR WAR ON TERROR
It will soon be over twelve years since the twin towers were destroyed in New York and our country declared war on terror. Twelve years is enough time to allow us some objectivity in studying those events, the decisions of our national leaders and the consequences of those decisions. This will not be a political argument and there will be no Bush-bashing. In fact, Gary Midkiff believes and will argue that had Al Gore been president the attack still would have happened and our response would have been nearly identical. Listen and decide for yourself.

FEES: $15
LLI0439-099  80560
THUR.  W 219
7/11  9:30 am-11:30 am

OVERRATED OR UNDERAPPRECIATED
Historian Bill Haase offers his opinions on ten people and events that he believes history has lauded but the reverence is unwarranted. Similarly, he has a list of ten people whom history has painted with faint praise that instead deserve a standing ovation. Come with your own list, and as always, be prepared for a lively discussion.

FEES: $10
LLI0440-099  80562
TUES.  BGPD
7/9  1:00 pm-2:30 pm

THE AMAZING ADVENTURES OF BERTHA BENZ AND THE GERMAN AUTOMOBILE
The superb reputation of German cars is legendary: Porsche, BMW, AUDI, and Mercedes Benz have millions of fans all over the world and are synonymous with the quality and success of German engineering. But hardly anyone knows that the history of the automobile owes a debt to Bertha Benz, a young mother of five. During a secret attempt to visit her mother in 1888, Bertha became the first human being ever to drive an automobile over a long distance. Ride along with German historian Anette Isaacs as she relates this exciting adventure and introduces you to the history of German automobiles.

FEES: $10
LLI0445-099  80569
THUR.  ADV
6/27  1:00 pm-3:00 pm

THE SPEECHES OF MARTIN LUTHER KING JR
"I Have a Dream" still resonates as one of the most powerful speeches of our time, delivered by the gifted orator and civil rights leader, Martin Luther King Jr. Gary Midkiff will show you how King used his training as a Baptist minister to influence his approach to making speeches. You will see how his speeches evolved over time into a broader perspective and moved away from narrow issues. You will view segments of many of his speeches, put them into context and track the maturation of his style.

FEES: $15
LLI0449-099  80578
THUR.  W 219
7/18  9:30 am-11:30 am

MUSIC
NAME THE TUNE AND GUESS THE SINGER
Jim Kendros celebrates his 10th anniversary with the Lifelong Learning Institute by playing his favorite games: name the tune and guess the singer. How many songs and artists do you remember? Jim thinks you will be surprised at how the lyrics, melodies and styles will trigger your memory. Come along for the musical fun.

FEES: $10
LLI0437-099  80556
MON.  W 219
6/24  1:00 pm-3:00 pm
PIANO PANORAMA

Listen to outstanding examples of piano players from stride through swing, classical, cartoon, comedy and jazz. Mike Delaney has unearthed many rare audio and video examples of how this fixed percussion instrument can sound in the hands of a wide range of serious and comic performers. You do not need to be able to play the piano to enjoy the music of Eubie Blake, Chico Marx, Jose Iturbi, Oscar Levant, Victor Borge, Oscar Peterson and many others.

FEES: $10
LLI0441-099 80564
TUES.  FVS
7/16  1:00 pm-2:30 pm

RENEE FLEMING

From Julliard to the Metropolitan Opera to first creative consultant of Lyric Opera in Chicago, Renee Fleming has risen steadily to the pinnacle of her profession. Arguably the foremost female opera singer in the world, she is able to perform an amazing number of roles because her voice covers the coloratura, lyric and dramatic soprano ranges. Fleming is a genuine crossover artist, being equally at home with pop, jazz and Broadway. Biographer and vocal historian Jack Diamond will entertain you with stories of the life and career of this great artist interspersed with recorded excerpts of memorable performances from all areas of her outstanding career.

FEES: $10
LLI0442-099 80566
TUES.  W 219
7/16  10:00 am-11:00 am

SCIENCE

ARE WE ALONE?
THE EXTRATERRESTRIAL LIFE DEBATE

One of the great unanswered questions in human history has a surprisingly long and fascinating history of its own, beginning in antiquity and continuing unbroken to the present day. Historians of science call it the extraterrestrial life debate. Lee Minnerly, archivist at the Webster Institute for the History of Astronomy at Adler Planetarium, will present some of the key developments in this remarkable story. You will discuss revolutionary ideas, fantastic opinions, bestselling books, a lunar hoax, and more.

FEES: $10
LLI0420-099 80537
WED.  GAR
7/10  1:00 pm-3:00 pm

THE PLANETS ... AND PLUTO

We all grew up thinking there were nine planets in our solar system. In 2006, that number changed to eight. Pluto is still out there, but why is it no longer considered a planet? Michelle Nichols, master educator from the Adler Planetarium, will explain the definition of a planet and take you on a virtual tour of our dynamic, amazing solar system. She will also highlight the search for planets that are similar to our own.

FEES: $10
LLI0447-099 80573
TUES.  FVS
6/11  1:00 pm-3:00 pm

ENCORES

ANALYZE THIS:
AURAS AND ENERGY AWARENESS

You cannot see it now, but when you do, you will begin to appreciate the profound and unique splendor of your own energy. Dianne Negri, a graduate of DePaul University, will utilize a high-tech imaging camera designed by a physicist and electrical engineers to reveal the invisible, dynamic electromagnetic field of the body, commonly known as your aura. The Polaroid photo, which you will take with you, gives a personal, visual and graphic representation of your measured bio-data. You will also gain an understanding of your personality type. Dianne is the president of Attune and is a past president of the national Well Spouse Foundation, as featured on the Oprah Winfrey Show and WGN radio.

FEES: $15
LLI0134-099 80526
THUR.  BGD
6/27  9:15 am-11:15 am

CHICAGO HISTORY:
MAYOR RICHARD JOSEPH DALEY, PART 1

Begin your study with the rise of Richard J. Daley to the position of Mayor of Chicago, an office he held from 1955 to 1976. Myra Loris will discuss the experience Daley had with the issues of race and law and order, the attempted integration of Bridgeport, the Chicago Housing Authority and the shoot-to-kill order during the riots of 1968. This segment of Daley history will culminate with an in depth look at the politics and significance of the 1968 Democratic Convention. (Members-only course.)

FEES: $15
LLI0340-001 80529
TUES.  NEC 114
6/4  10:00 am-11:00 am
CHICAGO HISTORY: MAYOR RICHARD JOSEPH DALEY, PART 2
Join the discussion of one of the lingering questions of Chicago history: was Richard J. Daley a good mayor? Myra Loris will cover his 21 years as Boss of Chicago, giving consideration to both the positive and negative aspects of his time as mayor. This segment will provide an overview of the Chicago history series and tie the decades together. You will be able to draw some significant conclusions from this journey through the history of a great city. (Members-only course.)

FEES: $15
LLI0341-001 80671
TUES. NEC 114
6/25 10:00 am-11:00 am

MARSHALL FIELD AND CO.
Marshall Field and Company reigned as the leading department store in Chicago for decades. Lunch in the Walnut Room, the delightful holiday window displays and Frango Mints became part of Chicago social life. Leslie Goddard, historian and author of the book Remembering Marshall Field, will trace the history of the empire from its beginnings in 1852 as a dry goods depot to a world-class fashion and service trend-setting store.

FEES: $10
LLI0263-099 80528
WED. AHSC
7/17 10:00 am-11:00 am

LIGHTHOUSES: BEACONS OF SAFETY
Nearly 20 years ago on a trip to Oregon, George Reuss came upon tiny Heceta Head Lighthouse perched on a wooded promontory that reached out into the Pacific Ocean with giant waves crashing over it. That breathtaking sight began a love affair with lighthouses that has taken him all over the United States, Canada, Scotland, Italy, Australia and New Zealand to study and photograph them. Follow his international photo journey to visit over 50 historic lighthouses. Learn about their history, the crucial role they played in maritime commerce in the 19th and 20th centuries, and current efforts to restore and preserve these fascinating landmarks.

FEES: $10
LLI0268-099 80618
WED. W 219
6/5 1:15 pm-2:15 pm

FREE TO THE COMMUNITY

ADLAI
Although he was never elected as the President of the United States, Adlai Stevenson set an undeniable standard for political speakmaking in his two unsuccessful presidential campaigns. He was adored by his followers for his wit and eloquence and disparaged by his opponents for his wisecracks and erudition. Joe Bean will tell the stories of how Adlai refused to repeat speeches on the campaign trail, much to the distress of his speechwriters and the press. The result: a literary storehouse of one-liners and profound statements on democracy. This non-partisan multi-media presentation will showcase the humor of Adlai, his dedication to world peace and his concern for education, patriotism and participatory democracy.

FREE
LLI0417-099 80534
THUR. W 219
7/18 1:00 pm-2:30 pm

GLUTEN FREE: EASIER THAN YOU THINK
Your doctor says that a gluten-free diet is essential to your good health. How do you follow this advice and still enjoy eating? Gluten is a protein found in several different grains used to make bread and pastries. It is also used as flavoring and as a thickening agent in more food products than you can imagine. At first it seems too hard to follow a gluten-free diet, but you can do it. Let the staff at Trader Joes teach you options for breakfast, lunch and dinner. You will have a chance to taste some of the products and take home recipes to help you get started.

FREE
LLI0426-099 80542
WED. NEC 114
7/17 1:00 pm-2:00 pm

KIND OF BLUE: A PIANO TRIBUTE TO MILES DAVIS
When jazz trumpeter Miles Davis released the album Kind of Blue in 1959, he redefined jazz and influenced every genre of music for generations to come. Loved by casual listeners and revered by musicians and critics, the album is ranked number 12 on the Rolling Stone list of the 500 greatest albums of all time and is arguably the top selling jazz album in history. Listen with Jose Sandoval as he takes you inside this musical masterpiece through interpretive performances and an interactive discussion of how the album contributed to the evolution of jazz. Featured musical selections written by Miles Davis include “Donna Lee,” “So What,” “Freddie Freeloader,” “Blue In Green,” “All Blues,” and “Flamenco Sketches.”

FREE
LLI0429-099 80545
MON. W 219
7/22 1:00 pm-2:00 pm
THE KNIGHTS TEMPLAR
The Knights Templar trace their origin back nearly 900 years to shortly after the First Crusade. Founded to protect Christians visiting the Holy Land from bandits, the Templars amassed wealth as pilgrims donated land and money to them. Later, the knights were accused of heresy and blasphemy so royalty could seize their wealth. Today there are dozens of Knights Templar organizations worldwide. Patrick Rea, a retired Army Reserve brigadier general, is the Grand Master of the International Knights Templar, though they claim no direct lineage and do not share the original mysterious past of the Knights. Join Rea as he explains his role as a Knight Templar. (Members-only course.)

FREE
LLI0353-001 80531
MON.
7/8 1:00 pm-2:30 pm

SUMMER COOKING LIGHT
When you walk into Mariano’s Fresh Market, you are greeted with the gorgeous colors and aromas of more kinds of produce than you have ever had time to sample. Let Mariano’s dietician, Peggy Balboa, show you how to put together light summer dishes that are quick, easy, delicious and even good for you. Peggy promises to demonstrate dishes that will keep you out of the kitchen so you will have more time for summer fun. Stay for the tasting and take home new recipes to try for the family. Mariano’s is located at 802 E. Northwest Highway in Arlington Heights. Please arrive a few minutes early and take your place for the demonstration.

FREE
LLI0443-099 80567
TUES.
6/18 9:30 am-10:30 am

WALT DISNEY: CREATIVITY FRAME BY FRAME
It is hard to imagine there was a time when Disney was not a household name. Use your imagination as you listen to Bob Burton construct an intimate portrait of the quiet innovator who spent a lifetime combining creativity with commerce. Surprising personal insights from friends, family and colleagues of Walt Disney are supplemented with clips from some of his finest productions. Feel like a kid again as you enjoy the wide world of Disney.

FREE
LLI0451-099 80581
THUR.
6/6 9:45 am-11:15 am

PARTNERSHIPS AND LOCATIONS
An ongoing goal of Lifelong Learning Institute is to make our courses and events accessible to everyone in the community. Look for courses at these partner locations:

HARPER COLLEGE
MAIN CAMPUS
1200 West Algonquin Road
Palatine, IL 60067
847.925.6300

HARPER COLLEGE
NORTHEAST CENTER (NEC)
1375 S. Wolf Road
Prospect Heights, IL 60070
847.925.6001

ADDOLORATA VILLA (ADV)
555 McHenry Road
Wheeling, IL 60090
847.537.2900

ARLINGTON HEIGHTS
SENIOR CENTER (AHSC)
1801 W Central Rd
Arlington Heights, IL 60005
847.253.5532

BUFFALO GROVE PARK
DISTRICT (BGPD)
530 Bernard Drive
Buffalo Grove, IL 60089
847.850.2100

FRIENDSHIP VILLAGE (FVS)
350 W Schaumburg Road
Schaumburg, IL 60194
847.884.5539

THE GARLANDS (GAR)
1000 Garlands Lane
Barrington, IL 60010
847.304.1996

OUR SAVIOUR’S
LUTHERAN CHURCH (OSLC)
1234 North Arlington Heights Road
Arlington Heights, IL 60004
847.255.8700

PALATINE TOWNSHIP
SENIOR CENTER (PTSC)
505 S. Quentin Road
Palatine, IL 60067
847.991.1112
COURSES BY INSTRUCTOR
(This listing does not include Aquacize or Healthy Living courses.)

DEB ABBOTT
• Create a Gmail Account
• My Facebook

JEFF MISHUR
• Art of Normal Rockwell
• My Goodness, My Guinness!

ANNETTE BALDWIN
• The Illinois Carnegie Library

JOE BEAN
• Adlai

BOB BURTON
• Walt Disney: Creativity Frame by Frame

JIM CARR
• Canallers in the Corridor

MIKE DELANEY
• Piano Panorama

JACK DIAMOND
• Renee Fleming

LISA DIDIER
• American Madams

SARA DROWER
• A Loaf of Bread, A Slice of History
• All About Salt

PAM DUTHIE
• Continuous Color in Your Garden

DANN GIRE
• On the Banned Wagon

LESLIE GODDARD
• Marshall Field and Company

KENNETH GREEN
• I’m From Division Street

BILL HAASE
• Military Battles that Changed History
• Overrated and Under appreciated

JOYCE HAWORTH
• Margaret Fuller: Genteel Radical

ANETTE ISAACS
• The Amazing Adventure of Bertha Benz and the History of the German Automobile

JIM KENDROS,
• Name The Tune, Guess That Singer

JOYCE KOCINSKI
• Clearing Clutter: How to Let Go and Move On

GEORGE LECLAIRE
• Master Your Digital Camera

MYRA LORIS
• 1950’S New Decade New Conflicts
• Chicago History: Mayor Richard Joseph Daley, Part 1
• Chicago History: Mayor Richard Joseph Daley, Part 2

TERRY LYNCH
• Henry Ford

MICHAEL MADDOX
• Summer French Desserts

MARIANO’S
• Summer Cooking Light

MIKE McCANN
• The Process of Aging
• Zen Leadership: How to Bring Balance to Your Life and Work

NANCY MCCULLY
• Michigan Beach Towns

LEON MICHELSON
• Where Are They Now

GARY MIDKIFF
• Speeches of Martin Luther King Jr.
• Our War on Terror

LEE MINNERLY
• Are We Alone? The Extraterrestrial Life Debate

MICHELLE NICHOLS
• Planets…and Pluto

TATIANA BAUKOVIC
• Luscious Summer Salads

PATRICK REA
• The Knights Templar

DIANNE REDDINGTON
• Auras and Energy Awareness

GEORGE REUSS
• Lighthouses: Beacons of Safety

JOSE SANDOVAL
• Kind of Blue: A Piano Tribute to Miles Davis

JOSEPH SCHWEITERMAN
• When the Railroad Leaves Town

TRADER JOE’S
• Gluten Free: Easier Than You Think

JULIE ZHU
• Traditional Chinese Medicine
ADDOLORATA VILLA (ADV)
- The Amazing Adventure of Bertha Benz and the History of the German Automobile

ARLINGTON HEIGHTS SENIOR CENTER (AHSC)
- I’m From Division Street
- Marshall Field and Company
- My Goodness, My Guinness! Treasures of London’s Kenwood House: A Special Exhibition
- Walt Disney: Creativity Frame by Frame

BUFFALO GROVE PARK DISTRICT (BGPD)
- Auras and Energy Awareness
- Overrated and Underappreciated

FRIENDSHIP VILLAGE (FVS)
- Piano Panorama
- Planets…and Pluto

THE GARLANDS (GAR)
- Are We Alone: The Extraterrestrial Life Debate
- Henry Ford
- Summer French Desserts
- Art of Norman Rockwell

NORTHEAST CENTER (NEC)
- Where Are They Now?
- The 1950s: New Decade and New Conflicts
- American Madams
- Chicago History: Mayor Richard Joseph Daley, Part 1
- Chicago History: Mayor Richard Joseph Daley, Part 2
- Create a Gmail Account
- Margaret Fuller: Genteel Radical
- My Facebook

PALATINE TOWNSHIP SENIOR CENTER (PTSC)
- Canallers in the Corridor
- Military Battles that Changed History

MAIN CAMPUS
- A Loaf of Bread, a Slice of History
- Adlai
- All About Salt
- Clearing Clutter: How to Let Go and Move On
- Continuous Color in Your Garden
- Kind of Blue: A Piano Tribute to Miles Davis
- Lighthouses: Beacons of Safety
- Master Your Digital Camera
- Michigan Beach Towns
- Name the Tune, Guess the Singer
- On the Banned Wagon
- Our War on Terror
- Renee Fleming
- Speeches of Martin Luther King Jr.
- Summer Cooking Light
- The Illinois Carnegie Library
- The Knights Templar
- The Process of Aging
- Traditional Chinese Medicine
- When the Railroad Leaves Town
- Zen Leadership: How to Bring Balance to Your Life and Work

LLI SUMMER 2013 COURSE CALENDAR

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
</tr>
</tbody>
</table>

SemeSter endS
### June

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
</tbody>
</table>

**Seminister Begins**

- Mayor R J Daley, Part 1
- Michigan Beach Towns
- Lighthouses: Beacons of Safety
- Walt Disney
- I Am From Division Street
- Where Are They Now?
- The Planets and Pluto
- Create a Gmail Account
- Henry Ford
- Continuous Color
- Zen Leadership:
- Summer
- French Desserts
- A Loaf of Bread
- A Slice of History
- Summer Cooking Light
- Canallers in the Corridor
- Norman Rockwell
- Military Battles that Changed History
- On the Banned Wagon
- Auras And Energy
- The Amazing Adventures of Bertha Benz

### July

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>HOLIDAY</td>
</tr>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td>30</td>
<td>31</td>
<td></td>
</tr>
</tbody>
</table>

- The Knights Templar
- Overrated or Underappreciated
- Luscious Summer Salads
- Are We Alone?
- Extraterrestrial Life Debate
- American Madams
- Our War on Terror
- Piano Panorama
- Renee Fleming
- My Facebook
- Marshall Field and Co.
- Gluten Free: Easier Than You Think
- Adlai
- The Speeches of Martin Luther King Jr.
- Kind of Blue: A Piano Tribute To Miles Davis
- My Goodness, My Guinness!
- Clearing Clutter: Let Go and Move On
- The Process of Aging
- All About Salt

### August

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
</tr>
</tbody>
</table>

**Seminister Ends**

- Semester Preview

- Semester Begins
**GENERAL INFORMATION**

**HOW TO REGISTER**
Registration for summer semester is ongoing. Members may visit [harpercollege.edu/ce](http://harpercollege.edu/ce) to register. If you are not yet an LLI member, need assistance with online registration or would like to register by phone, please call us at 847.925.6300.

**YOUR HARPER E-MAIL ACCOUNT**
When you register for a course at Harper College, you automatically receive a Harper email address. All Harper-related communications, such as your registration and payment information, are sent to your Harper email.

To view your account, log into the Student Portal via the MyHarper link at the top of the Harper College home page (harpercollege.edu) and click on the MyHarper Email tab. If you need assistance, contact the Student Service Desk at studentsd@harpercollege.edu or 847.925.6866.

**FEE INFORMATION**
LLI course fees are listed after each course description and vary. A course may be offered for:

- free or the fee listed, for both members and nonmembers
- the fee listed but exclusively to members, indicated by “Members-only Course”

Course information and fees are subject to change without notice.

**CANCELLATIONS AND FULL CLASSES**
Although you can sign up for as many LLI classes as you like, we cannot guarantee you a seat. Some classes fill quickly. Register early and identify alternate classes in case your first choice is full.

Every effort is made to NOT cancel LLI classes. However, a small minimum enrollment is set for most courses. A course will be cancelled if the minimum enrollment is not met.

**SHARE YOUR PASSION**
The Lifelong Learning Institute at Harper College is seeking members who are interested in facilitating courses and seminars.

Areas of interest include history, international affairs, politics, philosophy, literature, music/art appreciation and the humanities. Unique topics and seminar proposals are especially welcome.

Maybe you know someone who might like to teach a course? Retired or current teachers and other professional experts are all welcome.

If interested, please contact Kathy Swan at 847.925.6026.

**PARKING**
FREE parking is available at all locations where courses are offered.
Maps and directions for many locations can be found at harpercollege.edu.

---

**Live@Harper**
To request your copy of Harper’s fall performing arts and cultural events brochure, email kswan@harpercollege.edu or call 847.925.6026. Visit harpercollege.edu/arts to view all our upcoming events and performances.

**Bookstore Discount for LLI Members**
Lifelong Learning members get a 10% discount on all items at the Harper Store. Just mention you are a Lifelong Learning member when you check out and save!
THE LLI MISSION
The mission of the Lifelong Learning Institute is to provide opportunities for members to meet their intellectual, cultural and social needs through shared learning. The Institute offers opportunities to explore a vast array of topics. Programs are developed, designed and taught in various formats and may be facilitated by faculty, professionals or members.

HOW MUCH DOES MEMBERSHIP COST?
The LLI membership fee is $35 per person and is valid for three terms from the date of purchase (for example, one fall semester, one spring semester and one summer session.) Memberships expire on the last date of the third term and must be renewed to continue receiving Institute benefits.

WHAT TYPES OF COURSES AND ACTIVITIES DOES THE INSTITUTE OFFER?
LLI offers a mix of short-term courses, workshops, seminars and lectures.

WHAT ABOUT HOMEWORK, TESTS, GRADES OR OTHER REQUIREMENTS?
LLI courses require no prerequisites, grades or exams. Some instructors may suggest that members read texts and other materials in order to gain the full benefit of participation.

ARE CLASSES AND EVENTS EVER CANCELLED?
Every effort is made not to cancel Institute classes. However, a minimum enrollment is set for most classes, and a course will be cancelled if the minimum enrollment is not met.

IS THERE A MINIMUM AGE OR EDUCATION REQUIREMENT TO JOIN?
Anyone 55 years and older can join, but no educational or professional background is required.

WHAT ABOUT PARKING?
FREE parking is available at all Institute locations.

TWO EASY WAYS TO JOIN LLI:
• In person at the Continuing Education office at Harper College
  Visit us in the lobby of the Wojcik Conference Center, Building W.
• By phone at 847.925.6300
  The office is open Monday to Thursday, 8 a.m. to 7 p.m., and Friday, 8 a.m. to 4.30 p.m.

PAYMENT
The membership fee is $35 per person. You may pay by electronic check or credit card.
Find us on **Facebook**. Follow us on **Twitter**.

Social Networking is our way of keeping you connected to Harper, each other and the latest news. Like us on Facebook to receive our weekly deals this fall: facebook.com/HarperCollegeCE

---

**Find us on Facebook**

…a free social utility that connects people. We use Facebook to share event information, photos, links and videos. We also host discussions and share the latest from Harper CE. Join us:

1. **Create your free account:** On [facebook.com](http://facebook.com), provide your name, email address and birthday (you must be 13 years old to have an account). Follow the directions to complete account set-up.

2. **Connect with Harper CE:** In the box in the upper right, search for Harper College Continuing Education. Then, click the ‘Like’ button on our page.

---

**Follow us on Twitter**

… a free social networking and microblogging service that enables users to send and read short messages known as tweets—text-based posts of up to 140 characters. We tweet to let you know what’s happening daily. Follow Harper College CE:

1. **Create your free account:** On [twitter.com](http://twitter.com), choose ‘Sign Up Now’ and provide your name and email address. Follow the directions to complete account set-up.

2. **Find HarperCollegeCE:** Choose ‘Find People’ (upper right) and search for HarperCollegeCE (no spaces). Then, choose our ‘Follow’ link. When you return to your ‘home’ page, you’ll see that you’re now a follower of HarperCollegeCE.
The Road To Adventure With Lifelong Learning

Each year, the Lifelong Learning Institute (LLI), for adults 55 and over, offers over 200 short-term courses, seminars and lectures exploring everything from art, music and history to science, literature and politics. LLI is offering even more this year, with new courses, prizes and encore sessions of 25 of our most popular courses.

LLI 2013 Program Preview
Wednesday, August 7, 9 a.m. – 12:30 p.m.
Wojcik Conference Center (Building W)
FREE
• Take mini-classes—samples of popular courses.
• Enjoy refreshments.
• Meet instructors and other lifelong learners.
• Register early for fall courses.
• Join LLI.

Take LLI for a Test Drive
For more information or to RSVP now, visit harpercollege.edu/ce or call 847.925.6300.

Get on the road to adventure
Lifelong Learning Institute